

## ACTIVITY OF THE WEEK – MAKING MOVES WITH JACK

This week the children had their first PE lesson with Jack, our new Sports Coach. The children were very excited! In preparation of their lesson, the children carefully changed into their PE kits and put their uniform away. They did this brilliantly. Changing into their own PE kits helps the children gradually become more independent with caring for themselves.

During their lesson Jack introduced rules for keeping ourselves safe while in





PE lessons. The children sat and listened eagerly. In their lesson the children learnt to throw a bean bag underhand. They first practiced this skill by throwing a bean bag into a hoop on the grass. The children then practiced throwing the bean bags to a partner. Jack taught the children three steps:

- 1) Cup hands out in front of you Cup
- 2) Catch the bean bag between hands Catch
- 3) Bring bean bag to their chest Cuddle

The children absolutely loved their lesson and cannot wait for the next one!

### UPDATES FROM SARAH JANE

Thank you to the parents who attended the Maths Workshop last week. As you probably noticed, we are very passionate about teaching mathematical skills in Reception! It was great to hear about all of the mathematical, problem-solving activities families do with their children at home without even realising it. Our aim is to inspire parents to make learning Maths fun, practical and playful - it's the best way for children to learn and to engage them. We have sent out the presentation to families with a list of story books that support mathematical development. We are looking forward to holding more workshops in the summer term - please let one of the team know if there is a topic in particular you would like to cover.

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# LOCAL AUTHORITY FAMILY SERVICES

### Find support for your family

The London Borough of Tower Hamlets are working with the Department for Education (DfE) to build and test a website called Find Support for your Family. The aim is to help families find and use available support locally, when they need it.

Families will be able to search to find and make contact with groups, activities and services for children, young people and families in their local area. There are all sorts of support services run by the local authority and our partners like:

- baby groups
- youth clubs
- support for special educational needs and disabilities
- parenting and health advice
- help with money and housing

Click here to explore the site



The Spring issue of Tower Hamlets' news and information magazine for families.

Families Matter, has arrived.





### UPCOMING DATES TO REMEMBER

#### **Every Thursday**

PE Lessons - see letter for uniform

Thursday 23<sup>rd</sup> March, 9-10am Costume Making Workshop

Friday 24<sup>th</sup> March, 4-5pm Spring Disco Dance

Wednesday 29<sup>th</sup> March, 9.30-10am Spring Show – The Gingerbread Man

Friday 31st March, pick-up 2pm Last day of Spring Term

Monday 17<sup>th</sup> April First day of Summer Term



#### STAR OF THE WEEK

This week's stars in Tiger Class are:

#### **★** Aila

For recognising when she needs help and asking for help before a problem can happen.

### **★** Ram Varenya

For always being happy to include others in his play.

In recognition, both have been given a certificate and a tiger to take home for the weekend. Ram Varenya and Aila will teach the tigers how to catch thrown objects, and will bring in mystery objects for the class to discuss next week.

