

Menu

Week 3

Eat the Seasons

- SEASONALLY FRESH, PERFECTLY PICKED -



Look for this logo on the menu to try a yummy seasonal special!



Mains

HAPPY TUMS

mon	TUES	WED	THU	FRI
Chicken and Leek Pie with Puff Pastry (G,Mk)	Open Beef Burrito Sour cream (G,Mk,Mu)	BBQ Chicken Thigh (Su)	Classic Italian Beef Bolognese (G)	Fish Fingers with Tartar Sauce (F,G,E)

Veggie

MEAT FREE

Baked Mac and Cheese with a Crunchy Topping (G,So,Mk)	Open Vegetable & Bean Burrito Sour cream (G,Mk,Mu)	Chickpea , Potato, Spinach Curry (MU)	Veggie Bolognese (So,G)	BBQ Veggie Hotdog (G,So,Su)
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Veg

EXTRA GOOD

Broccoli	Sweetcorn & Peppers	Coleslaw (E) ~~~ Green Beans	Mixed Salad Steamed Carrots	Garden Peas ~~~ Baked Beans
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Carbs

EXTRA FILLING

New Potatoes	Wholemeal Coriander Rice	Wholemeal Rice ~~~ Spiced Potatoes	Wholemeal Spaghetti(G)	Oven Baked Chips
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Dessert

SWEET TREAT

Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Fruit	Fruit	Fruit	Fruit	Fruit

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

5th May, 26th May
16th June 30th June

Allergens

Ce = Celery

Cr = Crustaceans

E = Eggs

F = Fish

G = Cereals

containing Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide