

Menu

Week 3



Look for this logo on the menu to try a yummy seasonal special!



Mains

HAPPY TUMS

Veggie

MEAT FREE MAINS

veg

EXTRA GOOD

carbs

FUEL FOOD

Dessert

SOMETHING SWEET

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and Leek Pie with Puff Pastry (G,Mk)	Open Beef Burrito (G,Mk,Mu)	BBQ Chicken Leg (Su)	Classic Italian Beef Lasagne (G,Mk) Chef s salad	Battered Fish Fillet (G,F)
Baked Mac and Cheese with a Crunchy Topping (G,So,Mk)	Open Vegetable & Bean Burrito (G,Mk,Mu)	Chickpea , Potato & Spinach Curry	Veggie Bolognese (So,G) Chef s Salad	Battered Sausage (G,Su)
Steamed Broccoli	Peppers & Sweetcorn	Sweetcorn	Whole Green Beans	Garden Peas Baked Beans
New potatoes	Wholemeal Coriander Rice ,sour Cream (Mk)	Steamed Wholemeal Rice , Roast Potatoes	Spaghetti (G),Garlic Bread (G)	Chips
Yoghurt (MK,SO) Fruit	Yoghurt (MK,SO) Fruit	Yoghurt (MK,SO) Fruit	Yoghurt (MK,SO) Fruit	Yoghurt (MK,SO) Fruit

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

Week 15th Sep, 6th Oct, 27th Oct, 17th Nov, 8th Dec

Allergens

Ce = Celery F = Fish L = Lupin Mu = Mustard Se = Sesame Seeds
 Cr = Crustacean G = Cereals Mk = Milk N = Nuts So = Soya
 E = Eggs containing Gluten Mo = Molluses P = Peanuts Su = Sulphur Dioxide