

Menu

Week 3

Mains

HAPPY TUMS

veggie

MEAT FREE

veg

EXTRA GOOD

carbs

FUEL FOOD

Dessert

SOMETHING SWEET

Jacket Potatoes

TASTY FAVOURITES

DATES

19/01/26 - 09/02/26
09/03/26

Allergens: Please note the allergens shown within these menus are subject to change.

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



Monday

Mucho Mexican
Chicken with Zesty
Rice and Sour Cream
(Mk,G)

Tuesday

Classic Shepherds Pie
(Ce,Mk,So)

Wednesday

Grilled Piri Piri
Chicken (Ce) Served
with Spicy Rice

Thursday

Baked Lamb Lasagne
(G,Mk) Served with
Chef's Salad

Friday

Battered Fish Fillet
(G,F)
or
Battered Sausage
(G,Su)

Sweet & Sour Quorn
Served with Soy &
Ginger Noodles
(G,E,So,Su)

Vegan Puy Lentil
Shepherds Pie
(Ce)

Cauliflower and
Potato Curry

Vegan Lentil
Bolognese (Ce)
Served with Spaghetti
(G) or Chef's Salad

Veggie Hotdog
(G)

Asian Salad

Steamed Carrots

Coleslaw (E)

Whole Green Beans

Garden Peas or Baked
Beans
Chunky Tartare Sauce
(E), Ketchup or Lemon

Prawn Crackers
(Cr,Su)

Steamed Wholemeal
Rice

Garlic Bread (G)

Oven Baked Chips

Fresh Fruit or Yoghurt
(Mk)

Cheese and Crackers
(G,Mk)

Jacket Potato with
Baked beans
(None)

Salad bar, cold desserts and fresh fruit available daily.

Look for this logo on
the menu to try a
yummy seasonal special!